

ABSTRACT

The present invention is directed to a method for recommending a disposable absorbent incontinence article to be used by an incontinent person. The method comprises the steps of: (a) receiving information, from a user, about incontinence devices which are currently used by the incontinent person; (b) receiving information about the situation which is experienced by the user; and (c) selecting at least one article, based on the information received, among predetermined disposable absorbent incontinence articles. By this method, an appropriate disposable absorbent incontinence article(s) to be used are recommended depending on the user's situation. The present invention is also directed a method for evaluating the quality of life of a caregiver who takes care of an incontinent person.